



CHARTING THE FUTURE™

The Lactation Center of Lancaster County

Revised 2020

Traveling by Air When Breastfeeding

TSA has modified the rules associated with carrying breast milk through security checkpoints. Breast milk is in the same category as liquid medication and mothers/parents flying with, and without, their child **are permitted to bring breast milk in quantities greater than three ounces as long as it is declared for inspection at the security checkpoint.** Additionally, empty bottles and ice packs are permitted under these conditions.

When carrying formula, breastmilk, or juice through the checkpoint, they will be inspected, however, you or your infant or toddler will not be asked to test or taste breast milk, formula, or juice. Our Security Officers may test liquid exemptions (exempt items more than 3 ounces) of these items for explosives. Officers may ask you to open the container during the screening process.

When traveling with your infant or toddler, in the absence of suspicious activity or items, a breastpump, bottles and greater than 3 ounces of baby formula, breastmilk, or juice are permitted through the security checkpoint in reasonable quantities for the duration of your itinerary, if you perform the following:

- Separate these items from the liquids, gels, and aerosols in your quart-size and zip-top bag.
- Declare you have the items to one of our Security Officers at the security checkpoint.
- Present these items for additional inspection once reaching the X-ray
- Separate and declare your breastpump, and bottles when going through the security checkpoint.
- You are encouraged to travel with only as much formula, breast milk, or juice in your carry-on needed to reach your destination.
- **There is no maximum limit to the amount of breastmilk you can bring in your carry-on.**
- You don't need to travel with your child to bring breast milk on or off the plane.

You are allowed to bring gel or liquid-filled teethingers, canned, jarred, or processed baby food in your carry-on baggage and aboard your plane.

Liquids and gels, including baby formula, breast milk, or juice, may be packed in your luggage and checked with your airline.

After clearing security, travelers can now bring beverages and other items purchased in the secure boarding area on-board aircraft.

If you feel that there is an issue, ask for a supervisor or manager or contact TSA directly

TSA Contact Center: 1-866-289-9673